

Remarkable Healings A Psychiatrist Discovers Unsuspected Roots Of Mental And Physical Illness

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De mens en zijn symbolen Marie-Louise von Franz 1992 Introductie tot het werk van de Zwitserse psychiater (1875-1961).

The Future of Human Experience J. Zohara Meyerhoff Hieronimus 2013-07-21 Explores the future predictions of cutting-edge scientists, spiritual teachers, and other visionaries and how we can affect the future • Shares insights from the author's discussions with Dr. Mehmet Oz, Raymond Moody, Larry Dossey, John Perkins, Michael Cremo, Gay Bradshaw, Ray Kurzweil, and many others • Examines what these visionary thinkers foresee for humanity based on current trends in medicine, science, agriculture, history, and other disciplines • Reveals how consciousness affects evolution and Earth's future For almost three decades Zohara Hieronimus has interviewed spiritual teachers, cutting-edge scientists, ancient wisdom keepers, laboratory-tested psychics, and other visionaries on their predictions for the near and far future. While the methods they use are significantly diverse, the similarities in their forecasts are striking. And, as Hieronimus reveals, one common theme

resonates through them all: the power of human consciousness. Sharing insights from her discussions with Dr. Mehmet Oz, Raymond Moody, Larry Dossey, John Perkins, Michael Cremo, Gay Bradshaw, Ray Kurzweil, and many others, Hieronimus explores what these visionary thinkers foresee for humanity based on current trends in medicine, science, agriculture, Earth history, robotics, and spirituality. She examines natural, extraterrestrial, and man-made events that dramatically altered humanity's course in the past or might in the future, revealing a recurring cycle of catastrophic Earth changes and rebirths of civilization over billions of years. The author explains that, as part of the energetic expression of Divinity, we can influence the impact of Earth changes through our actions and intentions. She shows that the consciousness of humanity has the power to affect evolution, enact healing on personal and global levels, and alter even natural systems such as the weather. By studying predictions across a broad range of disciplines--from nano-technology to plant intelligence--from today's great minds and from ancient spiritual traditions,

Hieronimus shows that we can significantly improve the long-term welfare of the Earth by unfolding our nonlocal consciousness, adopting a reverent attitude toward all life, and realizing how we do things is as vital as what we do.

Change Maker Rebecca Austill-Clausen 2016-09-13 Foreword Reviews Book of the Year Finalist: Body, Mind & Spirit Nautilus Silver: Death & Dying/Grief and Loss IPPY Silver: New Age/Mind-Body-Spirit Change Maker is Rebecca Austill Clausen's story of her discovery that she could communicate with her brother after he died. Following this realization, a world she never imagined opened up to her—even as she doubted her sanity and feared she would lose the respect of her colleagues, as well as the love and support of her family. Austill Clausen struggled with how her spiritual awakening and eventual spiritual transformation could mesh with the practical everyday world—the one where she had a rapidly growing rehabilitation business to run, and where she was known as a knowledgeable, science-based expert in the field of occupational therapy. Each chapter of Change Maker explores spiritual beliefs and understanding, includes an original black-and-white illustration by Micki McAllister, and ends with an "Illumination"—guidance, suggestions, encouragement, and inspiration for readers who wish to pursue their own spiritual journey. The end result is a book that blends the best of memoir, self-help, new-age philosophy, and inspiration.

Motivatie en persoonlijkheid Abraham Harold Maslow 1981 Standaardwerk waarin de Amerikaanse psycholoog, aanhanger van de zogenaamde humanistische psychologie, zijn theorie ontwikkelt van de fundamentele behoeften, die ten grondslag ligt aan zijn ideeën over de mens op weg naar zelfverwerkelijking.

Memories of God and Creation

Shakuntala Modi 2000-09-01 Is it possible to remember how the universe was created, where humans came from, and what we planned to do with our lives? Yes, says board-certified psychiatrist Shakuntala Modi, M.D.

For more than a decade Dr. Modi has used clinical hypnosis to help patients deiscover the sources of their physical and mental health problems, not only in their pasts, but even in their past lives. Now she targets the cosmos. According to Dr. Modi, everyone carries memories of God and creation in their subconscious. This book presents information from many of her hypnotized patients, presenting evidence that we all carry the secrets of the universe within us. The astonishing revelations in this book include real patient descriptions of: What it's like to be one with God Why there are individual souls Where evil came from How angels were created How dying feels How easy it is to return to Heaven after death Prepare to have your world view completely altered by the information in Memories of God and Creation.

Illuminating the Narrow Gate Karl R. Luther 2022-01-17 Do you desire the truth about God, our foremost religions, the purpose of life and the future of our planet? If so, Illuminating the Narrow Gate will guide and empower you to fulfill your destiny of transcending the darkness and embracing an enlightened spirituality. Blessed with astonishing insights and revelations, this revolutionary book heralds a global awakening and the inevitable doom of institutional religion. Volume II contains 15 appendixes that substantiate and enhance the revelations of Volume I. Appendixes A ("Reincarnation") and B ("Spirit Possession") present scientific and clinical evidence that demonstrates the reality of those phenomena. The next three appendixes are primarily dedicated to dating the Book of Daniel. Leveraging the breakthrough of Illuminating the Narrow Gate's paradigm shift, Appendix D ("Redirecting the Debate About Daniel") decimates the prevailing scholarly conclusion that Daniel's prophecies were a hoax written in the 2nd century BCE. Instead, this book within a book proves they were penned as advertised in the 6th century BCE while debunking the fundamentalist view that the biblical book is

inerrant. The next six appendixes primarily present ancient history that demonstrates the fulfillment of prophetic passages from Daniel. Four of them—Appendix F (“The Beast With Ten Horns”), Appendix G (“Constantine the Great”), Appendix J (“The King of the End Times”) and Appendix K (“Understanding the 69 ‘Sevens’”)—deliver the spine-tingling details of how the future was foretold with stunning accuracy and precision for five centuries after the date when all scholars agree Daniel was on the historical record (160s BCE). Appendix L (“The Catholic Church in the 20th Century”) shows that although the Church no longer champions crusades, sequesters Jews in ghettos, or tortures and kills those who believe differently, its underlying darkness has continued unabated. The majority of this other book within a book details how the Vatican helped Benito Mussolini and Adolf Hitler gain dictatorial power and then made strategic alliances with them, ignored their pre-war crimes and assaults upon the Jews, sanctioned their predatory aggression upon other nations, and turned a blind eye to the Holocaust. After illuminating the essence of the papal choices before and during World War II, the appendix exposes the criminal nature of the Vatican’s subsequent financial affairs. It shows how the sudden death of Pope John Paul I in 1978 was most likely a blackmail-enabled murder by the Vatican Bank’s underworld partners. After two short appendixes explain passages from Revelation, the book concludes with Appendix O (“The Impact on Islam”). It shows how the book’s insights are also inscribing the writing on the wall for Islam. * You don’t need to purchase Volume II if you only want the book’s core insights and revelations. A PDF document of the end matter published in Volume II (Endnotes, Bibliography, Index, et al.) can be downloaded for free from the book’s website to make Volume I a self-standing book.

The Healthy Living Space Richard Leviton 2001-08-01 Science shows that nearly every corner of our planet is toxic, and that all people carry

residues of dozens of chemicals in their cells. Our body, our home, and our world are steadily sickening us every day of our lives. But we don't have to live in a poisoned world, and we don't have to be sick. We can have a healthy living space again by detoxifying our body and home, ridding both of their burden. The key is to cleanse both at the same time. The Healthy Living Space is the first book that shows you how, and why, to detoxify your home and body together. In The Healthy Living Space health writer and alternative medicine journalist Richard Leviton gives 70 practical steps on how to use safe, proven, nontoxic, self-care methods drawn from the fields of natural and alternative medicine. The detoxifying steps are backed by science and easy to use/ they don't require expensive equipment or a doctor's supervision. They're effective and produce results and you can start them today. Whether the poisons are in your liver and intestines or in your carpets and drinking water, whether the problem is the shape of your bedroom or radon seeping into your basement, The Healthy Living Space will show you how to get the poisons out of your life and the health back into it. Stars of Aquarius Victor S. Whyte 2020-03-25 In the winter of 1777, George Washington was in his tent at Valley Forge when a mysterious and beautiful woman appeared before him. She revealed three visions of war on American soil. The final war was the most fearful and would have been lost but for the intercession of the heavenly host. What she did not reveal was that there were only seven people on Earth that could invoke this intercession from heaven but first they would have to be trained by the Lords of the Seven Rays. Paul the Venetian, Lady Master Nada, Hilarion, Lord Lanto, El Morya, Serapis Bey, and St. Germain waited for their students inside a portal that connected the physical and spiritual realms. In the summer of 2014, Jessica, Tessa, Tyler, Nicole, Jordan, Ethan, and Alexis were camping at Jenny Lake in Grand Teton National Park. None of them had ever heard of the Lords of the Seven Rays

but that would soon change.
An Amazing Human Journey Shakuntala Modi, M.D. 2014-11-11 In Volume Two of *An Amazing Human Journey*, read what happened after the dispersion from Atlantis and how things went downhill rapidly. Humans underwent a complete revulsion and avoidance of technology, so within three to four generations mankind completely forgot that technology ever existed. Once the technological decent began around the globe, people abandoned the cities and went back to living in the Stone Age. The descent was rapid, and humanity was literally reduced to wandering the Earth and living in caves. They lost most of their skills and had to redevelop from scratch. Humans progressed very slowly spiritually and technologically over the years until God sent spiritual teachers and masters to sprout spirituality. Alien races were also inspired to give us different technologies over the years. Also learn the different reasons for current abductions by aliens, and our future interactions with different alien races. We humans are not alone in this journey. We have had many different types of beings such as elementals, mermaids, and fairies working with us and helping us. Astrology also plays an important role in our journey and how intricately we are connected to the masters of our solar system. Read about the mysteries of different monuments, the power places, and the crop circles on Earth and the important role they will play during the transition of Planet Earth and the whole of humanity, from the third to the fifth dimension.

Emotional Release Therapy Walter Weston 2006-01-09 A new therapy for releasing emotional pain and trauma Professional spiritual healer and former Methodist minister Walter Weston was frustrated by the lack of therapies effectively dealing with emotional pain. Then he developed Emotional Release Therapy (ERT), a simple technique that permanently removes painful and traumatic memories along with self-destructive emotional states like depression, grief, fear, and anger. Because

emotional pain is often the root cause of many physical diseases, ERT can likewise alleviate painful conditions and speed recovery from disease. A blending of energy and faith healing, ERT heals by helping us re-access our lost connection to God. Since developing the therapy, Weston has taught thousands of people around the world to practice ERT on themselves and others. ERT is so effective you can also use it to treat animals.

Mannen komen van Mars, vrouwen komen van Venus John Gray 2019-11-15 Meer dan 450.000 exemplaren verkocht van *Mannen komen van Mars, vrouwen komen van Venus*. Mannen zijn anders, vrouwen ook. De titel is inmiddels een gevleugelde uitspraak in het Nederlands en sinds het verschijnen van dit boek zijn er wereldwijd miljoenen exemplaren van verkocht. Het geheim? Mannen en vrouwen denken, voelen, communiceren en liefhebben anders. Ze lijken wel van verschillende planeten te komen! John Gray legt het feilloos uit met deze metafoer. Als je begrijpt dat je soms niets van elkaar begrijpt, zijn veel problemen direct opgelost. Dr. John Gray is ruim 35 jaar werkzaam in zijn vakgebied en erkend expert als het gaat om communicatie, relaties en persoonlijke ontwikkeling. Auteur van meer dan 20 boeken en veelgevraagd spreker. Hij inspireert zijn publiek met de eenvoudige communicatietechnieken die hij geeft. Het is zijn doel dat mannen en vrouwen elkaar beter begrijpen, respecteren en waarderen. 'In *Mannen komen van Mars, vrouwen komen van Venus* kom ik heel wat "o ja,- belevenissen" tegen. Ik herken voortdurend situaties, zowel uit mijn persoonlijke relatie als uit mijn werk als seksuologe.' - Goedele Liekens Reacties van lezers: 'Herken veel punten en leest lekker weg.' '...had dit boek eigenlijk aan het begin van onze relatie moeten lezen - dat had een hoop ergernis en wrok gescheeld.'

Forbidden Religion J. Douglas Kenyon 2006-09-22 Reveals the thread that unites the spiritual paths that have opposed orthodox religion over the centuries and the challenge they

provide to the status quo • Contains 40 essays by 18 key investigators of heresies and suppressed spiritual traditions, including Steven Sora, Ian Lawton, Jeff Nisbet, P.M.H. Atwater, John Chambers, and Vincent Bridges • Edited by Atlantis Rising publisher, J. Douglas Kenyon

Following the model of his bestselling *Forbidden History*, J. Douglas Kenyon has assembled from his bi-monthly journal *Atlantis Rising* material that explores the hidden path of the religions banned by the orthodox Church--from the time before Christ when the foundations of Christianity were being laid to the tumultuous times of the Cathars and Templars and the Masons of the New World. Revealed in this investigation of the roots of Western faith are the intimate ties of ancient Egyptian religion to Christianity, the true identities of the three magi, the link forged by the Templars between early Christianity and the Masons, and how these hidden religious currents still influence the modern world. This book serves as a compelling introduction to the true history of the heretical religious traditions that played as vital a role in society as the established faiths that continuously tried to suppress them. Born in the same religious ferment that gave birth to Christianity, these spiritual paths survived in the "heresies" of the Middle Ages, and in the theories of the great Renaissance thinkers and their successors, such as Isaac Newton and Giordano Bruno. Brought to the New World by the Masons who inspired the American Revolution, the influence of these forbidden religions can be still found today in "The Star Spangled Banner" and in such Masonic symbols as the pyramid on the back of the dollar bill.

Search inside yourself Chade-Meng Tan 2015-06-02 De mindfulnesscursus Search Inside Yourself van Chade-Meng Tan draagt bij aan succes en geluk. Het programma verhoogt je emotionele intelligentie en verbetert de productiviteit. Meng toont hoe je beter kunt omgaan met deadlines en stress, en aandacht aan anderen en jezelf kunt geven. Een praktisch boek

voor thuis en voor op je werk. Meng ontwikkelde zijn cursus voor zijn collega's bij Google. Medewerkers mogen twintig procent van hun tijd besteden aan projecten buiten hun functie, om creativiteit en innovatie te stimuleren. Ontdek nu zelf hoe je succes en geluk kunt bereiken. Als één van de eerste werknemers van Google groeide hij uit tot 'Jolly Good Fellow', de hoogst haalbare functie. Hij is met zijn team genomineerd voor de Nobelprijs voor de Vrede 2015. Meng inspireerde onder anderen Barack Obama, Lady Gaga, de Dalai Lama en Hillary Clinton.

Personal Spirituality Daniel J. Benor 2006 Dr. Benor addresses his explorations from the standpoint of an advocate, but one who is an open-minded explorer, neither from a religious nor a conventional medical perspective. The breadth and depth of the research reports in this volume, on the psychic, intuitive and spiritual aspects of healing will engage even the knowledgeable reader. This book is destined to take its place among the most influential and controversial in the field of claims, reports, and experiences of unconventional healing and spiritual awareness.

Signs on the Earth Richard Leviton 2005-06-10 Virgin Mary Apparitions. UFO Sightings. Crop Circles. What do these have in common? Earth-energies expert Richard Leviton is convinced that these three seemingly distinct phenomena are all interconnected. And, he insists, the signs indicate something very real and very important is happening: we're fast approaching the end of the world as we know it--and that might not be such a bad thing. In *Signs on the Earth*, Leviton combines newspaper and firsthand accounts with his own intuitive research to examine the exploding number of such reports from around the world. He focuses his study by selecting a handful of Marian apparition sites, including Lourdes, Fatima, Medjugorje, and others, as well as UFO hot spots such as California's Topanga Canyon and the Hudson River Valley. For his investigation of the crop circle phenomenon, Leviton takes you

Wiltshire, England, an area he calls the crop circle mecca. Encouraging you to think of the Earth as a cosmic bulletin board, Leviton believes that these phenomena are messages from the galaxy and the spiritual worlds offering us an unprecedented opportunity to enter the next level of reality. Signs on the Earth shows that these signs are literally directions to a 3-step process for looking within as well as beyond yourself, and unlocking your vast spiritual potential.

Healing Others Walter Weston 1998
Weston developed "Emotional Release Therapy" (ERT) following his retirement from the Methodist ministry and has trained hundreds of people in its practice. In South Africa, he trained teachers to practice and teach ERT so they can heal the emotional trauma of children orphaned by AIDS. Therapeutic prayer and ERT are being comfortably used by people of diverse religions and beliefs to cure both physical and emotional illnesses.

Catharsis, Integratie en

Transformatie Hans ten Dam 2016-01-20
Regressietherapie is gebaseerd op twee stralend eenvoudige gedachten. Die in de praktijk nog blijken te werken ook. De eerste gedachte is dat niets uit de lucht komt vallen. Elk probleem is ergens begonnen. Als we er achter komen waar, kunnen we er iets aan doen. Omdat onze huidige situatie meestal anders is dan toen, en we nu ouder en ervarener zijn, schept de herbeleving van de oorspronkelijke situatie tegelijk begrip en afstand. Vooral als we daarbij geholpen worden door een verstandige therapeut. De tweede gedachte is dat de tijd niet alle wonden heelt - vooral geen wonden die we steeds open krabben. Als we begrijpen hoe we dat doen en vooral waardoor en waarom, kunnen we onszelf soms voor het hoofd slaan. En kunnen we iets aan de wond gaan doen. Een enkele keer is de herbeleving van het begin van het probleem al voldoende. Andere keren ontdekken we dat het begin nogal onbenullig is. Dan gaat het meer om het doorbreken van een patroon, een vicieuze cirkel, een overlevingsmechanisme. Dan gaat het

minder om het begin en meer om hoe we het patroon in stand houden. Maar ook dan helpt het te beseffen hoe uit een klein begin een groot probleem kan groeien. Een ezel stoot zich in 't gemeen niet twee maal aan dezelfde steen. Maar dan moeten we die steen wel in de smiezen krijgen - en ook hoe en waarom we ons zijn blijven stoten. Elke genezing begint met de feiten zien en begrijpen. Een enkele keer is dat voldoende. En altijd is het een goed begin.

Beautiful Boy David Sheff 2018-11-21
Wanneer de jonge Nic zichzelf verliest in een drugsverslaving, gaat zijn vader, journalist David Sheff, wanhopig op zoek naar een manier om zijn zoon te redden. Hij probeert de situatie te bevatten door meer inzicht te krijgen in de ziekte. Maar terwijl zijn kind steeds dieper wegzakt in de verwoestende cirkel van drugs, afkicken en hervallen, komt het gezin hard onder druk te staan. Nic blijft wegvlugten voor de familie die hem weigert los te laten, tot hij uiteindelijk op de grenzen van hun liefde botst...

Prayers for Healing and Protection M. D. Shakuntala Modi 2013-03
Dr. Modi, a board certified psychiatrist, has used hypnotherapy in her practice for 35 years. Under hypnosis, many of her patients regressed to a past life or recalled having human, demon or alien spirits within them, or having soul fragmentation and soul loss as the source of their mental, emotional and physical symptoms. By resolving these issues, patients often feel relief from their symptoms, sometimes in just one or two sessions. The wisdom she has derived from these experiences is the subject of *Prayers for Healing and Protection*. This fascinating book is full of hope, energy and life. People will be drawn to it and want to share it with others. The descriptions are incredible and very easy to visualize, especially the descriptions of the Light and how it connects and illuminates everything. *Prayers for Healing and Protection* is a very powerful and healing book.

[A Spiritual Hypothesis](#) Daniel Punzak 2017-04-06
Traditional Western religion explains that each human has

a spiritual aspect called a soul. However, several passages in the Bible allude to humans having a soul and a spirit. Dan has explored this idea and found numerous modern psychological findings that support this notion. Shamanism and some Eastern religious concepts also support this idea. Diverse concepts such as creativity and mental illness can be explained by the idea that two spiritual forms are in each human.

The Healing Field Peter Mark Adams 2014 THE HEALING FIELD examines remarkable cases of healing and personal transformation made possible by a range of natural energy based healing techniques. The anomalous experiences arising in these contexts throw fresh light on the timeless issues of the nature of consciousness, reality and selfhood. Through the unique lens of the energy healer we are able to discern a far more expansive, positive and empowering view of our place within the larger web of life. The experiences recorded in *The Healing Field* are based upon live cases derived from over 15 years of professional experience. The insight and understanding arising from people's lived experience goes far to relieving the anxiety, fear and doubt that otherwise overshadows the vast majority of people. Back Cover Text: *The Healing Field* presents a collection of real-life cases drawn from intensive energy healing work. For over 15 years, Peter and his wife Gulcan have been practicing and teaching energy psychology methods such as Emotional Freedom Techniques, Tapas Acupressure Technique, Reiki and breathwork to thousands of people. Their research reinforces the idea of a healing and morally self-correcting field of consciousness. This concept is compatible with Rupert Sheldrake's "Morphic Field". *The Healing Field* illustrates how transpersonal fields of consciousness connect all life forms and provides powerful leverage to heal the vast range of issues not addressed by conventional medicine and therapy. These issues often relate to:

- Contracts made in the womb
- Merged identities
- Problems inherited from

- ancestors
- Past life traumas
- Near death experiences
- Interactions with deceased persons
- Spirit and entity attachment
- Spiritual experiences
- Encounters with higher order beings

Each section carefully references scientific research, making this book a unique bridge between science and energy healing. Using simple, natural techniques we can heal our emotional and physical issues. In doing so, we contribute towards healing the fields of consciousness that connect us all. *The Healing Field* provides a reliable roadmap to help you chart a new course towards realizing your full potential in life.

Op weg naar herstel / druk 12 Oscar Carl Simonton 2007-02

Psychotherapeutische benadering van het ontstaan en de bestrijding van kanker.

De 7 sleutels tot geluk Deepak Chopra 2013-11-06 Volgens Chopra is geluk het doel van ons leven. Veel mensen leven in de overtuiging dat geluk te maken heeft met succes, rijkdom, gezondheid of een goede relatie. Er is een enorme sociale druk om te geloven dat die verworvenheden hetzelfde zijn als geluk. Maar die veronderstelling is onjuist, het zijn bijproducten van geluk en er is geen oorzakelijk verband. Chopra geeft een aantal sleutels om ons te ondersteunen in het bereiken van ons levensgeluk en die gaan van een goed contact met ons eigen lichaam naar het besef dat de wereld zich niet buiten jou maar in jou afspeelt. * De 7 belangrijkste elementen om tot een gelukkig leven te komen * Bevat de belangrijkste thema's uit het werk van Deepak Chopra * Een hebbeboekje, cadeau en inspiratiebron * Zowel voor de beginnende Chopra-liefhebber als de routinier een onmisbaar werk

Onverwacht inzicht Jill Bolte Taylor 2021-12-07 In 'Onverwacht inzicht' schrijft Jill Bolte Taylor over haar inspirerende tocht uit de afgrond van een beschadigd brein; het biedt een unieke blik op het menselijk brein en zijn herstellend vermogen. In 1996 kreeg Jill Bolte Taylor een ernstige hersenbloeding. Ze kon niet meer lopen, praten, lezen, schrijven of zich nog iets van haar leven vóór dit moment herinneren. Als

hersenswetenschapper kreeg ze de unieke kans om te observeren hoe haar brein op deze beschadiging reageerde: hoe gevoelens van euforie en vrede zich afwisselden met professionele belangstelling en het rationele besef dat ze hulp moest zoeken voordat het te laat zou zijn. Haar herstel zou acht jaar duren. In *Onverwacht inzicht* schrijft Taylor over het inzicht dat ze verkreeg dankzij haar ongewone en inspirerende tocht uit de afgrond van een beschadigd brein. Haar verslag biedt een unieke blik op het menselijk brein en zijn herstellend vermogen.

Leven met een borderliner Randi Kreger 2003

De uitweer Amy Liptrot 2016-11-07 'De uitweer' van Amy Liptrot is een boek vol adembenemende natuurbeschrijvingen en ontwapenende memoires over verslaving en herstel, de stad en het eiland. Amy Liptrot brengt haar kindertijd door op de Orkneyeilanden, een eilandengroep ten noorden van Schotland. Haar jeugd bestaat uit de wisseling van de seizoenen, de geboorte en sterfte van de dieren, de bipolaire stoornis van haar vader en het weidse landschap. Als rusteloze tiener kan ze niet wachten om deze plek achter zich te laten. Zodra het kan vertrekt ze naar Londen. Aanvankelijk gaat het goed, middagen in het park met bier en wijn gaan over in nachten vol drugs. Maar langzaam neemt haar verslaving de overhand. Als ze eerst haar vriend en daarna steeds meer zichzelf verliest, beseft ze dat er iets moet veranderen. Terug op Orkney, op de uitweer van de boerderij van haar ouders, begint ze de natuur met nieuwe ogen te bekijken. De wind en de zee en het leven op de eilanden begeleiden haar pad naar ontzuivering. Over *De uitweer*: 'Lyrische, dappere memoires. Liptrots behendige navigatie tussen haar innerlijke ruimtes en de ruimtes om haar heen zijn overtuigend.' - The Guardian 'Amy Liptrot is de real deal, een schrijfster die haar stem volledig heeft gevonden.' - Independent on Sunday 'Een toekomstige klassieker.' - New Statesman

Hoogsensitieve personen Elaine N.

Aron 2019-10-04 Hoogsensitieve personen bevat heldere tips en adviezen voor het omgaan met hoogsensitiviteit, hoe van je onzekerheid af kunt komen en hoe je een nieuwe sociale balans kunt vinden. Een op de vijf mensen wordt geboren met een verhoogde gevoeligheid, en vele grote kunstenaars en denkers die de wereld heeft voortgebracht waren hoogsensitief. Hoogsensitieve personen zijn vaak uiterst consciëntieus en intuïtief. Maar de eigenschap heeft ook lastige kanten: hoogsensitiviteit wordt gelinkt met de neiging om snel overweldigd te raken door gezelschap, het werk of een drukke omgeving, waardoor ze, als reactie, in hun schulp kruipen. Ook hebben zij vaak last van onzekerheid en van sociale belemmeringen. Elaine Aron, psychotherapeut en zelf een hoogsensitief persoon, combineerde wetenschappelijk onderzoek met haar ervaringen als therapeut en schreef een toegankelijk en bruikbaar boek voor hoogsensitieve personen én voor de mensen in hun omgeving. Dit boek is al voor velen een eyeopener geweest. Het bevat heldere tips en adviezen voor het omgaan met hoogsensitiviteit, hoe van je onzekerheid af kunt komen en hoe je een nieuwe sociale balans kunt vinden.

Remarkable Healings Shakuntala Modi 1998-04-01 Psychiatry remains an emerging discipline. Many people suffer from ailments that have no apparent cause, no obvious cure. Quite by accident, while using hypnotherapy, Dr. Modi discovered that pastlife regression can be a beneficial treatment. Many of these patients, under hypnosis, claimed to have spirits attached to their bodies and energy fields, creating psychological and physical problems. Based on years of experience, Dr. Modi describes techniques that release these spirits, revealing how patients can sometimes recover within a few sessions. While most doctors would agree that emotional states affect our health, few would give credence to spiritual "influences." In this truly groundbreaking book, Dr. Modi presents evidence that

something beyond the physical affects the health of many people, and urges medical scientists to objectively assess this revolutionary approach to mental and, often, physical illness. Pioneers have the courage to put aside the status quo and evaluate what the evidence shows, even if it defies the prevailing logic of the time. Both physicians and the general public should explore the pioneering work of Dr. Modiworck which no doubt has produced many remarkable healings.

You Can Avoid Physical Death Phd Robert E. Pettit 2009-02 There is a place you can go that is free from sickness, crime, and war. That place is not here on this Earth. Instead, it is on the New Earth. And you can choose to obtain a new body and go there. Drawing upon thirty-three years of University research and fifteen years of Subtle Energy manipulations Dr. Pettit discusses relationships between life sciences and spirituality. By understanding the concept ask and you can receive he outlines the questions to ask and your responsibilities to create a new body for ascending to the New Earth around 2012. Ascension is available for those who choose to move out of duality consciousness with suffering and pain into a new reality of Unity Consciousness with unfathomed joy and peace. Dr. Pettit explains how you can achieve this incredible gift with the following concepts. * Making a choice to ascend with your physical body * Knowing who you are and why you are on Earth * Shifting your dimensional state of consciousness * Avoiding fear, accept change, understand time-space * Releasing false beliefs, sickness, and pain * Understand your Mer-Ka-Ba Energy Field * Universal Laws related to your spirituality * The End Times, The Shift, and Photon Belt

Gezond leven met mindfulness Jon Kabat-Zinn 2015-12-22 Dit vuistdikke boek is een compleet gereviseerde herdruk van Handboek meditatie ontspannen. Mindfulness is voor iedereen die zijn beperkingen wil overstijgen en naar een hoger niveau van gezondheid en welbevinden wil groeien. Dit boek laat zien hoe je op

meditatie en yoga gebaseerde oefeningen kunt gebruiken om met meer aandacht in het nu te leven. Hierdoor kun je beter omgaan met de stress van alledag. Ontspanning, wijsheid en beheersing worden het uitgangspunt van je leven. `Gezond leven met mindfulness is een lezenswaardig en praktisch boek dat overtuigend laat zien hoe belangrijk meditatie is in ons dagelijks leven. Thich Nhat Hanh **Het geschenk** Edith Eger 2020-10-07 Toonaangevend psycholoog Edith Eva Eger - bekend als de ballerina van Auschwitz - begeleidt lezers op een universele reis naar vrijheid en genezing. Wat er met ons gebeurt is uiteindelijk niet het belangrijkste. Het gaat erom wat we ermee doen. We krijgen in ons leven allemaal te maken met lijden. We kennen allemaal verdriet, verlies, wanhoop, angst en mislukking. Maar we hebben ook allemaal een keuze als we te maken krijgen met trauma of moeilijkheden. We kunnen opgeven of ervoor kiezen om elk moment als een geschenk te ervaren. Dr. Edith Eger, gevierd therapeut en Holocaustoverlevende, heeft deze praktische gids geschreven om ons zachtjes aan te moedigen de gedachten die ons gevangen houden en het destructieve gedrag dat ons belemmert te veranderen. Haar krachtige lessen vormen samen met de verhalen uit Egers' eigen leven en die van haar cliënten **Het geschenk**. In dit boek leer je om je slechtste momenten te zien als je beste leermeester, en vind je vrijheid door de kracht die erin zit.

Psychoanalytic Energy Psychotherapy Phil Mollon 2018-03-26 People like to talk. We know that talking to an attentive and thoughtful listener can be helpful in clarifying conscious and unconscious feelings, thoughts, and motivations. But is talk enough? The complex physiology of anxiety and traumatic stress reactions is often stubbornly persistent, despite therapeutic exploration in both conscious and unconscious areas of the mind. In the case of severe trauma, talking can stir up the emotions and associated bodily disturbance without providing any resolution - sometimes leaving clients feeling worse. The developing

field of energy psychology offers an entirely new perspective and gamut of techniques for locating where these traumatic patterns are encoded. They are not in the mind - but in the energy system at the interface of psyche and soma. By addressing these realms concurrently, a powerful therapeutic synergy emerges that allows rapid and deep shifts in the patterns of distress that drive the psychosomatic system.

Rapid Entity Attachment Release

Athanasios N Komianos 2011-06-01
Rapid Entity Attachment Release (REAR) is a radical breakthrough and a multi-dimensional approach in producing swift and lasting relief in psychological and physical problems. This book is a manual for open-minded, professional therapists to assist their clients in gaining rapid relief from serious and debilitating psychosomatic conditions. It demonstrates that by intervening in a client's energy levels, intrusive and well-concealed attached entities, which had contributed directly to the client's condition, may be exposed and addressed. Disorders such as epileptoid seizures, migraine fits, night terrors, phobias, obsessive compulsive behaviours, addictions, and other common ailments may be caused by well-concealed parasitical entities that drain the resources of their unsuspecting victims and hosts. Presented as a lightning insight into alternate therapies, this manual demonstrates how electricity, acupuncture, hypnosis, past-life regression, and spirit release therapy, can be applied interactively.

The Killers Within US Scott Carroll, M.C.

Het duister Amy Engel 2020-08-21 'Met meer twists dan je kunt tellen doet deze fascinerende thriller je twifelen aan alles.' Cosmopolitan Soms zijn de antwoorden pijnlijker dan de vragen... In een van de armste gebieden in de Verenigde Staten, het Ozarkgebergte in de staat Missouri, worden twee twaalfjarige meisjes dood gevonden op een speelplaats. Een van hen is Junie, de dochter van Eve Taggart. Eve is 'white trash' en in pure armoede opgevoed door een

keiharde moeder. Ze heeft er alles aan gedaan om Junie een beter leven te geven, maar tevergeefs. Het enige wat Eve nu nog kan doen, is Junie een waardige nagedachtenis gunnen. Eve en haar dochter werden gezien als uitschot en dus wordt de moord niet serieus genomen door de plaatselijke sheriff, die alle aandacht richt op het andere meisje. Wanhopig van verdriet besluit Eve op eigen houtje de dader te vinden. Het pad naar gerechtigheid leidt haar van de duisterste krochten van de stad naar de uitgestrekte bossen en - nog angstaanjagender - terug naar de trailer van haar eigen moeder voor een allerlaatste harde les.

De negen magische maanden Deepak Chopra 2013-01-04 Spiritualiteit rondom zwangerschap, bevalling en de eerste weken. Zwangerschap is een tijd van lichamelijk en spiritueel ontwaken, en het is belangrijk om daar bewust mee om te gaan. Door naar de wijsheid van het eigen lichaam te luisteren wordt moeder en kind rust, evenwicht en geluk gegeven. Door de intuïtieve band met de baby te versterken krijgt het de best mogelijke start. Met o.a. tips voor het stimuleren van de zintuigen van het ongeboren kind, het verminderen van stress van moeder en kind, voeding, massage, visualisatie en meditatie.

Wake up for Ascension to a New Earth - or Leave Robert E. Pettit

2010-09-22 There Is a Place You Can Go - That place is a New Earth free from sickness, crime, and war. The Earth is shifting to a higher vibration - from third density to fourth and fifth density. For you to survive on the New Earth you must also change your frequency to match that of the New Earth. Unless you make that change your body frequency will be incompatible with these new frequencies and you will have to leave. You have a choice, prepare to ascend or transfer to another third density planet. Ascension is available for those who choose to move out of duality consciousness into Unity Consciousness. Dr. Pettit explains some of the requirements and preparations needed to ascend from the Old Earth.

Healing Lost Souls William J. Baldwin
2003-06-01 For two decades, William Baldwin has been a pioneer in the ever-expanding therapeutic fields of Spirit Releasement, Past Life Regression, and Soul-Mind Fragmentation. In his Florida practice, he uses these therapies routinely to help patients who suffer from Dissociative Trance and Dissociative Identity (formerly called Multiple Personality) Disorders. *Healing Lost Souls* explains the attributes of each therapy in everyday language, and provides dozens of case studies to illustrate its clinical use. Likening his work to the ancient practice of shamanism, Baldwin has found that psychological disorders are often rooted in past life traumas, the interference of attached entities of various origins, and the fragmentation of one's soul. Baldwin stresses the importance of active patient participation throughout the stages of regression, as well as the need to treat encountered entities with respect, since they are often mere lost souls as bewildered and frightened as the patients themselves.

The Power of the Healing Field Peter Mark Adams 2021-11-23 • Illustrates the role of transpersonal fields of consciousness in healing a range of issues, from inherited family and ancestral problems, to past lives and womb trauma, to near-death experiences, merged identities, and spirit attachment • Shares remarkable cases of healing and personal transformation from the author's more than 20 years of energy healing work, as well as experiences from other gifted healers, psychics, and shamans • Provides diagrams of the human energy body, the spectrum of states of awareness, the multilayered fields of consciousness, and the psycho-energetic dynamics of the transformation process Sharing remarkable cases of healing and personal transformation from his and his wife's more than 20 years of intensive professional energy healing work as well as experiences from other gifted healers, psychics, and shamans, Peter Mark Adams illustrates

the role of transpersonal fields of consciousness in healing a range of issues--from inherited family and ancestral problems to past lives and womb trauma to near-death experiences, merged identities, and spirit attachment. Drawing on esoteric tradition as well as scientific research, such as Rupert Sheldrake's morphic field studies, the author maps out the human energy field in all its subtleties, providing diagrams of the human energy body, the spectrum of states of awareness, the multilayered fields of consciousness, and the psychoenergetic dynamics of the transformation process. Through compelling testimonials of powerful healings, Adams demonstrates how the processes of healing and of peak spiritual experience are closely aligned with harmony within the larger energetic field of consciousness. Proposing a new model of consciousness, reality, and energy healing that incorporates the anomalous phenomena that occurs on the outermost edges of human experience, the author draws these many strands together to outline not only a multilayered approach for different kinds of energy healing modalities, such as Reiki, breathwork, EFT, and remote healing, but also a useful program of self-help that anyone can follow to make lasting improvements to their physical, emotional, and spiritual health.

Health and Safety for Spirit Seers, Telepaths and Visionaries Anna Cornelia Beyer 2019-01-04 This book provides a much-needed, positive, hopeful and holistic perspective on how to cope with schizophrenia. While 51 million people in the world are afflicted with this illness, self-help books on the topic are not in ample supply, and those that do exist are often very dark in outlook. This volume combines knowledge from previous studies, personal accounts, and scientific research today. Topics explored here include an overview on experiences with, and explanations for, schizophrenia; alternative and natural healing tips for psychosis and schizophrenia, including diet and

orthomolecular medicine; an overview
of alternative therapies;
relationship and career advice; how

to deal with emergencies; and how to
recover after a period of psychosis,
among others.