

## Second Ifso Global Registry Report 2016

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**The Perfect Sleeve Gastrectomy** Michel Gagner 2020-05-06 Sleeve gastrectomy (SG) is the most common bariatric procedure performed worldwide, more than 55% of bariatric procedures are sleeve gastrectomies. This title will be comprehensive and detail all the approaches used in performing sleeve gastrectomy, offering readers all the tools needed to perform the perfect SG. Obesity has become a major global problem that continues to spread in both developed and developing countries. It costs more than any other health problem due to its prevalence and its many costly complications such diabetes and heart disease as well as in disability and loss of productivity. While prevention of obesity is the best approach for the future, the current problem lies with managing those who are already obese or morbidly obese who constitute close to two thirds of the population in many countries such as the US. Diet, exercise, and behavioral change are the mainstays for any meaningful attempt for significant and durable weight loss. Unfortunately, for those who are morbidly obese, these measures alone almost consistently fail to achieve acceptable weight loss in the long term. Today, bariatric surgery is the only evidence-based treatment for morbid obesity with a low complication rate and acceptable results in the long-term for both weight loss and resolution of comorbidities. Despite the data, the acceptance of these operations was limited due to fear of what was perceived as major surgery. Today, applying minimally invasive technology to these complex operations made them more acceptable to patients due to decreased pain, faster recovery and fewer overall complications. This, in addition to improved outcomes as we went further along the learning curve, has made these operations more common and helped growing the field to be an independent specialty for surgeons and perhaps a new specialty for gastroenterologist. In these exciting times, the 5 international editors (one of them, Michel Gagner, is the creator of the SG) wanted to capture the global standards of practice at a time of change, excitement, and lots of controversy, regarding this common procedure. We an aim to shed light on best practices across the borders, the intention of this volume is to develop a reliable reference to guide the practicing physician anywhere in the world, and from whatever specialty (surgeon, gastroenterologist or endoscopist) to navigate through the many current options of therapy in this rapidly changing field. We also aim to provide high quality illustrations and high-definition videos of these techniques to go with the didactic chapters written by thought leaders. In this book we will focus first on the clinical problems of the patients and the indications for the sleeve. Regarding the technical aspects, we will describe the technique step-by-step (including videos) and also we will detail the staplers, its size and different colors -- and the different sizes of the bougies, and also special description of the reinforcement of the sutures after the sleeve. We know that mainly the SG has a restrictive function, but we will also describe the metabolic effects of this surgery. Then we will describe the nontraditional SG techniques, such as the endoscopic approach, staples sleeve and robotic technologies. Bariatric surgery has very few rates of complications, but when complications happen, they are severe. Thus we will describe how to identify them immediately and also the different approaches to treat them by endoscopy, laparoscopy and percutaneous image guided surgery. A chapter will also cover revisional surgery and the different revisional procedures, not only from sleeve to other procedures but also from other procedures to SG. For the last section,we will include the lessons learned from almost 20 years now since the SG was first described, providing an overview on how we imagine the future will be for the most common bariatric procedure performed worldwide. This title will be an ideal reference for general surgeons, bariatric surgeons, endoscopists and gastroenterologists with interest in obesity management as well as researchers with interest in obesity. Residents and fellows training in general and bariatric surgery as well as in endoscopy. Dietitians, diabetes specialist, psychotherapists with interest in obesity management as well as hospital administrators and quality officers in hospitals with bariatric practices will also benefit by this book.

**Laparoscopic Sleeve Gastrectomy** Salman Al-Sabah 2021-01-04 This book provides a complete guide to laparoscopic sleeve gastrectomy and the management of obesity. The chapters discuss guidelines for healthcare providers for the management of patients with obesity, the rationale behind choosing patients, performing the procedure in line with the patient’s condition, the perioperative period, postoperative requirements, and postoperative complications. This book aims to give readers an understanding of the surgical techniques involved in laparoscopic sleeve gastrectomy and the wider treatment options available. It is relevant to bariatric, metabolic, and general surgeons, physicians, clinical nutritionists as well as students.

**The ASMBS Textbook of Bariatric Surgery** Ninh T. Nguyen 2019-10-16 The fully updated 2nd edition of this textbook continues to serve as a comprehensive guide for information dealing with the ever-evolving field of bariatric surgery. The chapters are written by experts in the field and include the most up-to-date information, including new sections on quality in bariatric surgery, endoscopic surgery, and management of bariatric complications. This new edition continues to cover the basic considerations for bariatric surgery, the currently accepted procedures, outcomes of bariatric surgery including long-term weight loss, improvement and resolution of comorbidities, and improvement in quality of life. Other special emphasis is given to the topics of metabolic surgery and surgery for patients with lower BMI. In addition, new endoscopic bariatric procedures including the gastric balloons, endoscopic revisional procedures, and newer pharmacotherapy for obesity are reviewed. The ASMBS Textbook of Bariatric Surgery Second Edition will continue to be a leading source of scientific information for surgeons, physicians, residents, students, and integrated health members today and for years to come.

*Obesity, Bariatric and Metabolic Surgery* Sanjay Agrawal 2015-09-04 Written by leading experts from all across the globe, this comprehensive yet concise textbook offers up-to-date summary in the field of Obesity and its Surgical Management for a wide range of healthcare professionals involved within a Bariatric Multidisciplinary Team including Surgeons, Dieticians, Metabolic Physicians, Anaesthesiologists, Psychologists, Psychiatrists, Radiologists and Nursing staff. The book also serves as a reference manual for General Physicians, General Surgeons & General Practitioners.

*Contraception in women with obesity with special reference to gastric bypass surgery* Charlotte Ginstman 2019-05-02 Background: The prevalence of obesity is increasing worldwide. The treatment of morbid obesity is dominated by bariatric surgery, for example Roux-en-Y gastric bypass (RYGB) surgery. If other contraceptive options are available, women with obesity should not be prescribed combined hormonal contraceptives due to the obesity-related increased risk of venous thromboembolism. Women are advised not to become pregnant during the first 12-18 months after RYGB surgery. There is a lack of knowledge of what type of contraceptive methods women with obesity are prescribed and whether they experience more or different side effects compared to normal-weight women. It is not known if the absorption and pharmacokinetic profile of progestins are affected by RYGB. The aim of this thesis was to investigate the pattern of contraceptive use in women with obesity, what type of contraceptive counselling was given to women in relation to RYGB, and whether the pharmacokinetics of two different progestins were affected by RYGB surgery. Material and Methods: Paper I is a retrospective cohort study analysing the patterns of contraceptive prescription, adverse effects, duration of treatment, reasons for discontinuation and bleeding pattern in 371 women with obesity compared with 744 normal-weight women. Medical records were scrutinised from 1 Jan 2010 until 31 Dec 2014. Paper II is based on a questionnaire sent to 987 women who had undergone RYGB during 2010. The questionnaire concerned preoperative and present contraceptive use, contraceptive counselling in relation to surgery and what type of recommendations they had received regarding pregnancy after RYGB. Papers III and IV are experimental studies investigating the pharmacokinetics of desogestrel (etonogestrel) and levonorgestrel in relation to RYGB. Results and conclusions: The most commonly prescribed contraceptive method for women with obesity was the progestin-only pill but many women with obesity were prescribed combined hormonal contraceptives despite the current recommendations of cautious prescription of oestrogen-containing methods. There were no differences in adherence to contraceptive method between women with obesity and normal-weight women. Despite the uncertainties regarding absorption, almost 10 % of women continued using oral contraceptives after RYGB. Nearly 40% were not aware of the recommendation to avoid pregnancy in the first year after RYGB and almost one third did not use any contraception during this period. This could be due to a lack of information or that the women did not retain the given information to avoid pregnancy. We found no clinically significant differences in the steady state pharmacokinetics of desogestrel before compared with after RYGB, or in single dose pharmacokinetics of levonorgestrel in women with BMI< 30 having undergone RYGB compared with BMI-matched non-operated women. This suggests that oral contraceptives containing desogestrel and levonorgestrel might be used after RYGB surgery.

**Obesity and Obstetrics** Tahir A. Mahmood 2020-06-06 Obesity and Obstetrics, Second Edition, brings together experts to examine the issues and challenges of obesity and obstetrics, also discussing how obesity affects fertility,

reproduction and pregnancy. Beginning with the worldwide epidemic of obesity, chapters then go on to review obesity and hyperglycemia of pregnancy, management of labor, interventions to improve care during pregnancy, and long-term impact of maternal obesity. Provides an essential reference on the significant risk of complications during pregnancy, including early pregnancy loss, recurrent miscarriage and fetal developmental abnormalities Builds foundational knowledge on how maternal obesity predisposes offspring to obesity, highlighting that the prevention of childhood obesity begins during pregnancy Assembles critically evaluated chapters focused on obesity and obstetrics to meet the practical needs of obstetricians, endocrinologists and general practitioners

**Management of Nutritional and Metabolic Complications of Bariatric Surgery** Aparna Govil Bhasker 2021-04-21 This book covers the management of various metabolic, nutritional and hormonal complications that arise after bariatric surgery. Until now bariatric surgeons have focused on mastering the surgical technique and reducing surgical complications. A number of metabolic and nutritional complications in the post-surgical phase can remain undiagnosed or unreported with a potential for irreversible morbidity. The book is edited by a team of experienced surgeons and bariatric nutritionists to provide a balanced perspective on the subject. It includes chapters on the prevention and subsequent diagnosis and management of these complications early in the course and explaining each complication with one or more suitable case reports. This book is relevant for practicing as well as aspiring bariatric surgeons, nutritionists/dieticians and bariatric physicians.

**Global Bariatric Surgery** Rami Lutfi 2018-09-07 This text captures the global standards of bariatric surgery practice at a time of change, excitement, and lots of controversy. The text sheds the light on best practices globally by providing a reliable reference to guide the practicing physician anywhere in the world, and from whatever specialty (surgeon, gastroenterologist or endoscopist) to navigate through the many current options of therapy in this rapidly changing field. The text provides high definition illustrations of these techniques to go with the didactic chapters written by the thought leaders in the field. In addition to the technical part, an important part of the book focuses on quality and outcome measures. The rapid growth and innovations impose the need for strict guidelines and quality control. Thought leaders who created the concept of “Centers of Excellence” shed light on outcome measures and different ways to monitor quality. This will appeal to administrators and different ancillary service providers. The medical section plays a major role as combination therapy seems to be the future. An entire section is dedicated to medical weight management with discussions of the dietary and psychological component of care. The text also provides a dedicated discussion of the metabolic aspect of bariatric surgery, cosmetic surgery and issues of training future surgeons. These features differentiate the book from others that only discuss the surgical component, and will broaden the level of interest to all who are involved in the management of this complex disease.

**Nutrition, Weight, and Digestive Health** Carolyn Newberry 2022-04-23 This book serves as a definitive nutritional reference for medical practitioners who care for patients with digestive diseases. This first-of-its-kind title explores the critical link between nutrition and weight and digestive health and organizes the necessary information for easy use for clinicians across specialties. The book is divided into four sections; the first section outlines basic nutritional concepts that lay a foundation for future chapters. This includes discussion of the gastrointestinal tract’s role in digestion and metabolism, an outline of dietary composition and associated deficiencies, and a review of nutritional assessment and general therapeutic principles. Next, the second section outlines dietary and nutritional implications of specific digestive diseases organized by affected gastrointestinal organs. Following this, the third section discusses appetite regulation, weight management, and obesity’s association with gastrointestinal diseases. It also discusses the importance of comprehensive, multi-disciplinary obesity care including a review of dietary, pharmacological, endoscopic, and surgical options that promote weight loss. In concluding the book, the fourth section discusses foundational nutritional support concepts. Nutrition, Weight, and Digestive Health is an invaluable reference for medical practitioners seeking a title that explores important and revolutionary elements to the medical care of those with digestive diseases.

**Prevention and Management of Complications in Bariatric Surgery** Tomasz G. Rogula 2018-05-30 As bariatric procedures become more commonplace, the safety and quality of bariatric surgery continues to rise. Risk factors remain inconsistent from hospital to hospital and procedure to procedure, however, highlighting the necessity for comprehensive education on the prevention and management of their resulting complications. In response to this need, Prevention and Management of Complications in Bariatric Surgery is the first book to compile the most up-to-date prevention and management strategies in this field. Edited by leading experts, it provides sound recommendations for collecting, monitoring, and analyzing outcomes, with an emphasis on quality and process improvement. Its scope is tremendously comprehensive, covering everything from common complications, such as leaks, bleeding, wound infections, and venous thromboembolism; to rare-but-deadly complications, such as Wernicke’s encephalopathy and rhabdomyolysis as well as the emergency management of various life-threatening complications, including internal hernia, gastric nectrosis from banding, pulmonary embolus, and bleeding. Readers also learn about early-day, late-day, and intraoperative complications, for which the authors provide evidence-based recommendations for swift and accurate diagnosis, preventive strategies, and best practices in medical and surgical management. Comprehensive and accessible, this book is a valuable resource for bariatric surgeons and surgical trainees, physicians, and nurses who participate in the perioperative care of the bariatric patient.

**Recent Advances in Minimal Access Surgery - 2** Subhash Khanna 2020-04-30 Minimal access surgery is completed with one or more small incisions instead of a large incision. The surgeon passes a telescope with a video camera through a small incision into a body cavity. The surgeon then views the surgery on a TV monitor. Minimally invasive surgery offers patients several benefits such as smaller incisions, faster recovery times, reduced pain and scarring. In many cases, minimally invasive surgery also offers a higher accuracy rate compared to traditional open surgery. Part of the Recent Advances series, this volume is a comprehensive guide to the latest advances in minimal access surgery. Divided into 18 sections, the book covers minimal access surgery for many conditions, predominantly different types of cancer such as rectal carcinoma, biliary cancer, neuroendocrine tumours, cancer of the oesophagus, and gastric cancer. Other topics include rectal prolapse, gastric bypass, super obesity and weight-loss surgery, and novel diagnostics for small bowel disease. The highly illustrated text features more than 160 clinical photographs and figures to assist learning. Key points Second volume in Recent Advances in Minimal Access Surgery series Covers surgical procedures for a multitude of cancers and other disorders Highly illustrated with more than 160 clinical photographs and figures Volume 1 (9789352709830) published in 2019

*Emerging Bariatric Surgical Procedures, An Issue of Surgical Clinics* Shanu Kothari 2021-03-23 This issue of Surgical Clinics focuses on Emerging Bariatric Surgical Procedures and is edited by Dr. Shanu N. Kothari. Articles will include: Emerging Procedures in Bariatric Metabolic Surgery; Emerging Endoscopic Interventions in Bariatric Surgery; Endoscopic Balloon Therapy; Single Anastomosis Duodenoileostomy (SADI); Established and Emerging Metabolic and Bariatric Procedures: Obesity, Cancer, and Risk Reduction with Bariatric Surgery; Obesity, Bariatric Surgery, and Hip/Knee Arthroplasty Outcomes; Diabetes Risk Reduction and Metabolic Surgery; Cardiovascular Risk Reduction Following Bariatric Surgery; Addiction Transfer and Other Behavioral Changes Following Bariatric Surgery; Physiologic Mechanisms of Weight Loss Following Metabolic/Bariatric Surgery; Pediatric Metabolic and Bariatric Surgery; Laparoscopic Gastric Bypass: Still the Gold Standard?; Revisional Bariatric Surgery; Ventral Hernia Management in Obese Patients; Laparoscopic vertical sleeve gastrectomy; and more!

**Allgemein- und Viszeralchirurgie II - Spezielle operative Techniken** B. Michael Ghadimi 2022-02-15 Aus dem Inhalt von Band II: Endokrine und gastrointestinale Chirurgie inkl. Adipositaschirurgie Kolorektale, hepatobiliäre und Pankreaschirurgie Transplantationschirurgie, Thorax- und Gefäßchirurgie Neu in der 4. Auflage: Weichteilsarkome Robotische Verfahren Fast-Track/ERAS-Konzept bei kolorektaler Chirurgie Chirurgische Palliativmaßnahmen beim Kolonkarzinom ABO-inkompatible Nierenlebenspende Allgemein- und Viszeralchirurgie I und II zusammen geben Ihnen eine komplette Übersicht über Krankheitsbilder, Diagnostik, Operationsindikationen, Techniken von Basisoperationen und Zugängen, möglichen Fehlern, Maßnahmen bei Komplikationen, medikamentöse Therapieschemata uvm. Das Buch eignet sich für: Weiterbildungsassistent\*innen und Fachärzt\*innen Allgemein- und Viszeralchirurgie